

August 2011



# CVHC

## Newsletter

Volume 8, Issue 2



United Way of Central Alabama

### *Sip and Support*

Come sip, support, and enjoy our Junior Council's fundraiser *Sip and Support*. On August 30th 7—10 at Rogue Tavern, (2312 2nd Avenue North) our Junior Council will be hosting their first fundraiser. There will be live music, a silent auction, and a special beer, the proceeds of which will go to Cahaba Valley Health Care.

Cover charge is only \$3, so please come and support Cahaba Valley Health Care.

A large graphic for the "Sip and Support" event. The background is a colorful, abstract pattern of interconnected lines in blue, green, and pink. The text "Sip and Support" is written in large, bold, black letters with a white outline. Above it, "1st Annual" is written in a smaller, bold, black font. Below the main title, "Benefitting Cahaba Valley HealthCare" is written in a bold, black font.

**1st Annual**  
**Sip and Support**  
**Benefitting Cahaba Valley HealthCare**

## *Rogue Tavern*

### *Tuesday, August 30*

### *7-10 pm*

### *Featuring Live Music & Silent Auction*

[www.CahabaValleyHealthcare.org](http://www.CahabaValleyHealthcare.org)

# Your Help Makes us Tick...

## New Home

Thanks to your support and donated space by Dr. Kevin Sims, Cahaba Valley Health Care moved into our new offices in March. (Just off the Valleydale Exit on I-65) We now have a waiting room, 4 dental operatories, X-ray room, and space for our staff. While this space is donated until January 2013, we were able to make this commitment based on the generous support you provide.



Our intern Krystal in our new waiting room. The Thank You Tree has the name of dentists who help us on every leaf.



Our X-ray room with a pan X-ray on the right and state of the art digital dental X-ray on the left.



## Wish List

- Toothbrushes
- Toothpaste
- Dental floss
- Dental instruments
- Dental crowns
- Distilled water
- Copy paper
- Postage stamps
- Spanish Speakers
- Tonometer Tips
- Funds for Eye Surgery

*NEW !!*

Did you know that CVHC is growing?

In 2012, we will add one new screening and 9 dental clinics. We will continue to grow our services and staff with the goal of doubling the care we provide by 2016.

## CVHC Board of Directors

Dr. Lynda Jentsch  
Carolyn Crocker  
Susan Davenport  
Nancy Carlisle  
Dr. Ted Evans  
Antonio Carballo  
Dr. Marsha Sturdevant  
Janice Hanson  
Dr. Bethany Martinez  
Dr. Belinda Waldo  
Alex Smith  
Liliana Navarette  
Martha Black  
Dr. John Essinger  
Dr. Patti Fuhr

John Beard  
Lyn Cook  
Robert Rodriguez  
Dr. Lisa Miller



Volunteer Dentists

Volunteer Hygienists

Volunteer Optometrists

Volunteer Oral Surgeons

# YOU MAKE THE DIFFERENCE!

## SCREENINGS

All screening dates and locations are subject to change. Please check [www.cahabavalleyhealthcare.org](http://www.cahabavalleyhealthcare.org)

vision, dental, and blood pressure

### Remaining 2011 Screenings

August 14 <sup>th</sup>	First Baptist Church of Center Point
August 28 <sup>th</sup>	St. Francis Catholic Church – Montclair Road
September 11 <sup>th</sup>	Prince of Peace Catholic Church – Hoover
September 25 <sup>th</sup>	Brewster Road Alliance Church - Chalkville
October 2 <sup>nd</sup>	Seven Springs Church - Calera
October 16 <sup>th</sup>	First United Methodist Church of Trussville
November 6 <sup>th</sup>	St. Joseph's Catholic Church – Ensley

### Who's involved in 2011

SightSavers of America	United Way of Central Alabama	Snoozy's Bookstore	Church of the Ascension
UAB	Southminster Presbyterian Church Foundation	Baptist Church of the Covenant	Joseph S. Bruno Charitable Foundation
VOSH & SOSH	CVS Pharmacy	Jefferson County Health Department	Community Foundation of Greater Birmingham
Birmingham Health Care	Wal-Mart	Rotary Club of Shades Mtn.	The Thompson Foundation
Birmingham District Dental Society Members	American Student Dental Association	Shelby County Community Health Foundation	Discovery United Methodist Church
Cahaba Valley Church	Robert Meyer Fdn.	Smiles for Keeps	Alabama Civil Justice Foundation
Alabama Power Fdn.	Samford University	God's Outreach Center	Olive Garden
All Saints Episcopal	Multicultural Resource Center	Christ The King Lutheran	St. Peter's Catholic Church
BancorpSouth Bank	EyeSight Foundation	Independent Presbyterian Church Foundation	HICA
Daniel Foundation	Henry Schein Dental	Wallace State Community College	St. Mary's-on-the-Highlands
Caring Foundation	Hill Crest Foundation	Christ Health Center	



## Seeing Needs

Thanks to our new partnership with Birmingham Community Health Exchange, you can donate directly to one of our patients in need via:

[seeneeds.org](http://seeneeds.org)

This website allows you to read about specific individuals in need, both from CVHC and other organizations. Once you have read a specific story, you may then donate to their specific need. This partnership will allow us to highlight specific patients in need of vision surgery or dental care, and provide a way to raise funds for this need.

### You Can Be Part of Our Effort!

I am enclosing a donation of \$\_\_\_\_\_ (All donations are tax deductible.)

CVHC depends heavily on its volunteer work force as well as financial contributions. Volunteers are needed for all aspects of our operation, so call us at 205-991-8771 to find out how you can help.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_



**Please Return to:**

Cahaba Valley Health Care  
4515 Southlake Pkwy STE 150  
Birmingham, AL 35244

You can also make a secure donation to Cahaba Valley Health Care online at our website: [www.cahabavalleyhealthcare.org](http://www.cahabavalleyhealthcare.org)

